

# Home-grown Fruit & Vegetable Swap



## Urban Orchard

**Saturdays at the CERES Organic Market,  
near the Stewart St entrance  
from 10 am until 12 noon.**

- **Bring along your home-grown fruit, vegetables and herbs to swap for other home-grown produce**
  - **Access in season organic produce for free**
- **Meet local home gardeners and share recipes and gardening tips**

**CERES Urban Orchard Project  
corner Roberts & Stewart Streets, East Brunswick 3057  
Contact CERES on 9387 2609 or [www.ceres.org.au](http://www.ceres.org.au) or email  
[urbanorchard@ceres.org.au](mailto:urbanorchard@ceres.org.au)**