

All day

Banana, sunflower and pistachio bread w/ maple butter 9

Toast or fruit toast w/ butter and choice of homemade jam, peanut butter, honey or vegemite (gfo) 7

Dr Marty's crumpets w/ berries, CERES honey and espresso mascarpone 11

Coconut tapioca pudding w/ banana, sesame snaps and strawberry curd 13

Gypsy baked eggs w/ passata, chilli, peas, goats cheese and crispy kale (gf) 15

Piggy went to market w/ charred asparagus, bacon slab, cheddar and potato hash and a soft boiled egg 16.5

Lemon myrtle tea smoked trout w/ spinach, kale polenta chips, garden greens, golden beets, baby tomatoes and a poached egg (gf) 17

Eggs your way w/ toast scrambled/fried/poached (gfo) 11

Kids Egg on Toast - Poached or Fried 7

Sides

King brown mushrooms, bacon slab, smoked trout, asparagus 4.5 ea

Virgin Mary tomato, avocado, goat's cheese, hash browns vegan or cheesy, wilted rainbow chard, raw greens 4 ea

Gluten free bread 1

Check daily specials boards for freshly made salads and pastries

Lunch

Merri goreng w/ brown rice, cabbage, bok choy, tamarind, soy, house made sambal oelek, crispy shallots and fried eggs (gf, vgo) 16.5

Vegan larb gai w/ scrambled tofu, chilli, bean shoots, peanuts, iceberg and nam jim 14

King brown mushroom burger w/ carrot, pumpkin miso cream, pickled daikon and puffed rice noodles (vg) 15

Korean fried chicken burger w/ pickled cabbage and house made sriracha on a Merri black bun 16

Golden fried rosemary potatoes 6.5 w/ vegan or egg mayo (vgo) 1

House Sauces 1.5

Sriracha - chilli, vinegar, garlic, sugar, salt

Nam Jim - Thai style, - salty, sweet, spicy and sour

Sambal Oelek - ground chilli hot sauce with vegan fish sauce

Chimi Churri - parsley, coriander, oregano

Kids

Mini tapioca pudding w/ seasonal fruit 6

Toastie w/ cheese, ham & cheese, tomato & cheese or vegemite & cheese 6.5

Soft boiled egg w/ vegemite toast soldiers 5

Fried chicken slider 6

Lunch box w/ toastie, fruit & cookie 9

vg/o – vegan/option

gf/o – gluten free/option



IF SEATED OUTSIDE PLEASE ORDER AND PAY INDOORS.

*Please be aware that on the weekend and during busy service times, **we do not split bills.** Thank you for your understanding.*

At the Merri Table we pride ourselves on using the best local, fresh, free-range and organic produce.

All profits generated go towards supporting our education and community programs.

Coffee

Short 3.6 / long 3.9

Mocha, hot chocolate 4

(Decaf add .20c)

Golden latte (turmeric, almond, coconut) 5

Babycino 1.1

Tea

English breakfast, earl grey, green, lemon myrtle, chamomile, peppermint, lemongrass 4.2

Organic roasted dandelion 4.7

Organic CERES chai served w/ CERES honey 4.7

Coffee by Coffee Supreme
'Origin' Organic Blend

Schultz organic cow's milks - full or low fat
Organic (GF) soy milk (0.30c)
Organic (GF) almond milk (0.50c)

Juice

Daily freshly squeezed 6.5

Demeter biodynamic apple & pear 6

Soda

Daylesford \$ Hepburn Lemonade, ginger beer, cola, lemon lime & bitters 4.5

Daylesford & Hepburn sparkling mineral water
sml 4 lge 6.5

Home brewed kombucha 4.5

Beer & cider

Mountain Goat Steam Ale 8

Mountain Goat High Tail Ale 8

Mock Red Hill Apple Cider 8

Trumpeter's Organic Iced Tea 9

On tap - Brunswick Bitter Pot 5 Schooner 8

Biodynamic Wine

shiraz cabernet
glass 8 bottle 32.5

semillon sauvignon blanc
glass 8 bottle 32.5

Organic One Sparkling Blanc de Blanc
bottle 40

About the Merri Table

Sustainable food choices are very important to us here at CERES and they link to all of the food enterprises we operate from what we stock in the Grocery to what features on the menu at The Merri Table. We take pride in the relationships that we have established with local farmers and trust in their products and processes. Our partnerships with farmers and producers support a localised food system that gives back to those who care for the earth, their produce and animals. All of the meat and dairy products on our menu are organic, free range and cruelty free.

CERES Farm

Honey Lane Market Garden is set on half an acre of land and contains a beautiful mix of fruit trees and raised garden beds, chooks, an aquaponics system, worm farms, a propagation area and an outdoor classroom. We plant organic seedlings propagated by our Propagation team. The organic produce grown on at our market gardens is harvested and available for purchase at the CERES Organic Market.

CERES Chooks

CERES Farm is home to over 200 Isa Browns which are split in two flocks called either the Hazels or the LouLous. Our lovely chooks provide us with hundreds of delicious organic eggs each week and they are available to purchase at the CERES Grocery.

Does the food come from CERES?

The Merri Table cooks up a lot of produce each week for our hungry customers and our Honey Lane Market Garden and Chooks simply do not produce enough to meet up with the demand, instead we support our local farmers and producers.

